

A Historical Overview of Mixed Martial Arts in China.

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Author(s): Acevedo, William; Mei Cheung

Abstract:

Mixed martial arts (MMA) has become one of the fastest-growing combat sports in the twenty-first century, drawing Pay-Per-View spectators since the inception of the Ultimate Fighting Championship (UFC) in 1993. Popular credit is given to the creation of MMA to Bruce Lee, a Chinese-American actor and martial artist who became an icon in the field. He is still considered by many as a revolutionary figure in the field. This paper will present, in chronological order, Chinese martial arts concepts preceding the creation of modern MMA.

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A Historical Overview of Mixed Martial Arts in China, since the plate ceased to converge, the flywheel monotonically transformerait so

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