2016 European Guidelines on cardiovascular disease prevention in clinical practice: The Sixth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice (constituted by representatives of 10 societies and by invited experts)

Developed with the special contribution of the European Association for Cardiovascular Prevention & Rehabilitation (EACPR) 🍀

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Cardiovascular disease (CVD) prevention is defined as a coordinated set of actions, at the population level or targeted at an individual, that are...
aimed at eliminating or minimizing the impact of CVDs and their related disabilities.¹ CVD remains a leading cause of morbidity and mortality, despite improvements in outcomes. Age‐adjusted coronary artery disease (CAD) mortality has declined since the 1980s, particularly in high-income regions.² CAD rates are now less than half what they were in the early 1980s in many countries in Europe, due to preventive measures including the success of smoking legislation. However, inequalities between countries persist and many...

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