

Negative daily events, positive and negative social ties, and psychological distress among older adults.

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Negative Daily Events, Positive and Negative Social Ties, and Psychological Distress Among Older Adults

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Abstract

This study examined whether positive and negative social ties moderate the effects of negative daily events on psychological distress of 110 community-dwelling elders age 60–89. In accord with the stress-buffering hypothesis, the effect of negative daily events on psychological distress significantly ($p < .05$) decreased as positive social ties increased. Contrary to the stress-amplifying hypothesis, negative social ties did not interact with negative daily events to influence psychological distress, but instead, had a significant ($p < .01$) additive effect on it.

Keywords: [Elderly](#), [Hassles](#), [Psychological symptoms](#), [Social support](#), [Stress](#)

Topic:

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