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## Research in Developmental Disabilities

Volume 16, Issue 1, January–February 1995, Pages 51-74

# Quality of life: Its definition and measurement

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[https://doi.org/10.1016/0891-4222\(94\)00028-8](https://doi.org/10.1016/0891-4222(94)00028-8)

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### Abstract

A model of quality of life is proposed that integrates objective and subjective indicators, a broad range of life domains, and individual values. It takes account of concerns that externally derived norms should not be applied without reference to individual differences. It also allows for objective comparisons to be made between the situations of particular groups and what is normative. Considerable agreement exists that quality of life is multidimensional. Coverage may be categorised within five dimensions: physical wellbeing, material wellbeing, social wellbeing, emotional wellbeing, and development and activity. A research agenda is discussed as are the particular problems caused by difficulties in understanding and communicating.



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<sup>†</sup> This research was conducted under a grant from the Welsh Office/Department of Health.

<sup>1</sup> The authors are grateful to Sharon Landesman-Ramey, Robert Cummins, Roy Brown, John Jacobson, and Jim Mansell for comments on an earlier draft.

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