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Journeys to Foreign Selves: Asians and Asian Americans in a Global Era

Alan Roland

Oxford University Press (2011)

Abstract

Drawing upon author's long-term psychoanalytical practice, research, and actual clinical data, this book examines the psychological ramifications of transnational immigration to Western countries and the continued influence of indigenous cultures on South Asian Diaspora. It explores new ways of understanding the psyche of migrants from the diverse cultures of South Asia and the universal norms applied in Western practice. To this end it embraces and critiques the categories that are more specific to this region, such as the magic-cosmic world of private destiny, reincarnation, astrology, and palmistry. By using more informed ways of understanding this exodus of people, the book attempts to find a new paradigm fusing spirituality with psychoanalysis

Keywords

[Psychoanalysis and culture](#) [Asians Psychology](#) [Asian Americans Psychology](#)

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