Discipleship Counseling: Developing Healthy, Growing, Multiplying Followers of Jesus.

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Abstract
This project will look at how professional or lay counseling can increase the effectiveness of making and maturing followers of Jesus. An effective strategy for disciple-making that targets the whole person will be established to help followers of Jesus overcome the emotional pain due to past sin and hurts which have left them ineffective and stagnant in their growth as disciples. Research will be conducted through articles, websites, and books dealing with the subject as well as a survey of at least 50 pastors to determine whether a clear process of disciple-making exists in their church and if any form of counseling is included in the process. This project will produce a strategy for LifePoint Christian Fellowship as well as other local churches to be able to develop healthy, growing, multiplying followers of Jesus by including purposeful counseling as a part of the growth process.