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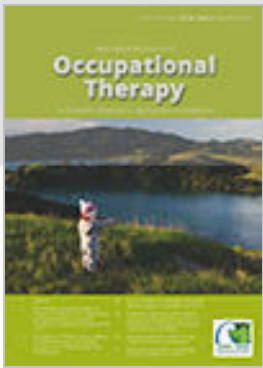
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Healing through Story Telling: An

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Integrated Approach for Children Experiencing Grief and Loss

New Zealand Journal of Occupational Therapy
Volume 57 Issue 2 (Sept 2010)

Scaletti, Rowena; Hocking, Clare¹

Abstract: Stories convey complex meanings and facilitate understanding of human

experience. This article presents a focused story telling approach to elicit, develop and share children's stories of grief and loss. Using an illustrative case study, it describes an integrated therapeutic approach based in familiar childhood occupations of constructing scenes using sand and objects, interacting with peers, and working with a therapist to write and illustrate the child's own story. The approach draws on the first author's many years of clinical experience and international evidence of the therapeutic power of narrative approaches, sand tray therapy and bereavement groups for children.

 FULL TEXT PDF (232KB)

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