

THE INTEGRATED SPIRITUALITY OF THE  
BHAGAVAD GITA--AN INSIGHT FOR  
CHRISTIANS: A CONTRIBUTION TO THE  
HINDU-CHRISTIAN DIALOGUE.

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**Author(s):** Painadath, Sebastian

**Abstract:**

The Bhagavad Gita, a basic Sacred Scripture of Hinduism, is composed in the form of a mystical poem. It describes the relationship that takes place between the Divine and the human deep within every human person. The transpersonal divine is presented as the personal Lord, inviting total surrender from the human seeker. In this encounter there is a process from a stage of spiritual life to a stage of integration along the threefold path of jnana, bhakti, and karma. The divine master liberates the seeker from the grips of greed and leads him or her to the freedom of a worldview based on dharma. A meditative study of the Gita would help Christians--and seekers of all other religions and of all cultures--to discover the mystical dimension of the integrated spirituality and to realize the transforming presence of the divine Spirit in the universe.

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