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Music therapy as an Anti-Oppressive Practice

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Abstract

Many human service fields have employed the term Anti-Oppressive Practice but it has yet to be named in music therapy. This article provides a brief overview of the history, applications and role of the integration of Anti-Oppressive Practice theory to music therapy. The historical roots of Anti-Oppressive Practices in music therapy are described with the intent of opening discussion on Anti-Oppressive Practices in music therapy.



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Keywords

Anti-Oppressive Practice; Music therapy; Feminist; Critical analysis; Ethical; Social justice; Community Music Therapy

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