Revolution in Psychology: Alienation to Emancipation

Ian Parker
Pluto Press (2007)

Abstract
Psychology is meant to help people cope with the afflictions of modern society. But how useful is it? Ian Parker argues that current psychological practice has become part of the problem rather than the solution. Ideal for undergraduates, this book unravels the discipline to reveal the conformist assumptions that underlie its theory and practice. Psychology focuses on the happiness of "the individual." Yet it neglects the fact that personal experience depends on social and political surroundings. Parker argues that a new approach to psychology is needed. He offers an alternative vision, outlining how debates in the discipline can be linked to political practice and how it can become part of a wider progressive agenda. Parker's groundbreaking book is at the cutting edge of current thinking on the discipline and should be required reading in all psychology courses.

Keywords
Psychology Philosophy

Categories
Philosophy of Psychology in Philosophy of Cognitive Science
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