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### Mentoring as a journey

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#### Abstract

The role of the mentor as opposed to that of co-operating teacher is increasingly viewed as important in the process of guiding student teachers'™ work in the field. This paper focuses attention on mentoring as a relationship rather than a role with a set of preconceived duties. In particular, mentoring is conceived as journey that describes a unique relationship between mentor and student teacher. The journey involves the building of an equal relationship characterized by trust, the sharing of expertise, moral support, and knowing when to help and when to sit back.

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#### Keywords

Mentoring; Teacher education; Mentor/protégé relationship; Innovative teacher preparation

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