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A Survey of Injuries to the Anterior Cruciate Ligament of the Knee in Female Basketball Players

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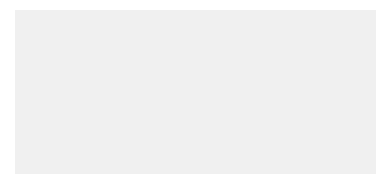
Abstract

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Abstract

This study surveyed 76 female basketball-related injuries that occurred during a 30-month period at the B.C. Sports Medicine Clinic. The knee was the most common site of injury (72%), and anterior cruciate



ligament (ACL) rupture accounted for 25% of all basketball injuries seen. A total of 19 ACL ruptures in females were seen as compared to only 4 ACL ruptures in male basketball players during the same time period. During this time period a total of 151 males and 76 female basketball players were seen. Each patient was assessed as to age, height, weight, and alignment and questioned as to mechanism of injury, playing position, experience, and training plus previous injuries. Possible etiological factors postulated included player position, joint laxity, weak quadriceps mechanism, and a possible hormonal basis.



Key words

anterior cruciate injuries - female - basketball

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