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Title:	Traditional food systems, erosion and renewal in Northwestern North America
Authors:	Turner, Nancy J Turner, Katherine L
Keywords:	Indigenous people;Traditional food systems;Dietary change;Ecocultural restoration;British Columbia;Canada
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Abstract:	The paper describes the traditional food systems of indigenous peoples of western Canada (British Columbia) and documents how they have changed over the time, especially since European newcomers arrived in the region. The impacts of dietary change on the health of indigenous peoples,

providing a case example of edible camas (*Camassia* spp.; Liliaceae) to illustrate how traditional food use has declined have been discussed. Ten major factors are identified as influencing dietary change: loss of territory for accessing traditional food, loss of traditional management practices such as landscape burning, introduction of new foods, land degradation and transformation, barriers to intergenerational knowledge transfer, colonial policies privileging agriculture, regulations against indigenous cultural practices; and globalization and domination of mainstream food systems. Efforts to reclaim and recover food traditions are ongoing, and will hopefully be successful in improving the overall health and well being of indigenous people and the environment.

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