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Developing Your Theoretical Orientation in Counseling and Psychotherapy

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Pearson (2011)

Abstract

Why theoretical orientation is important -- Incorporating theory into practice -- Top ten ways to find your theoretical orientation -- Six schools of thought and their theories of helping -- Case examples for integrating theory to practice.

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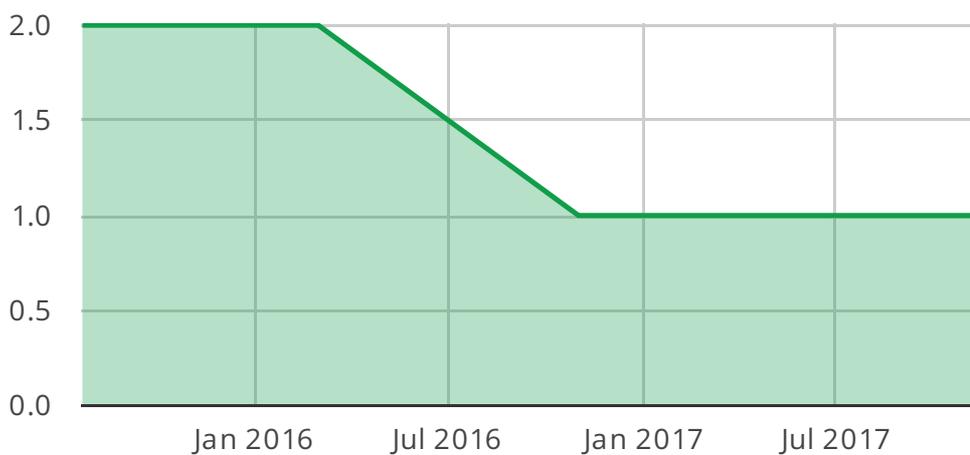
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